## FALL ASSEMBLY – OCTOBER 19-20, 2024 HYBRID, FERRY BEACH, SACO

<u>Present</u> Absent		Past Delegates (Panel)	
Delegate	Carol G		
Chair	Rae L	Martha W	(24)
Alt Delegate/AAPP	Scott H(Zoom)	Trudy L	(30)
Secretary	Rita C	Lucy T	(33)
Treasurer	Jennie M	Marie D	(36)
AIS	Selina L(	Melanie F	(39)
Alateen	Lucy T	Jennie M	(42)
Archives	Lucy T	Reen R	(45)
Convention	Rachel P	Melissa F	(48)
Forum Contact	Karen D	Rita C	(51)
Group Records Sandy F		ndy F (54)	
Institutions	Vacant	Sonya M	(57)
Literature	Vacant	Rae L	(60)
Membership Outreach	Vacant		
Public Outreach	Melissa F		
Round-Up Co- Liaison	Louise P/Ellen D	Past Delegates Rer	<u>nembered</u>
DR S-1	Nancy D	Thais B	(3)
DR S-2	Shannon L	Phyllis R	(6)
DR C-1	None	Betty F	(9)
DR C-2	Julie B	Bev D	(12)
DR E-1	Elsa M(Zoom)	Louise J	(15)
DR W-1	None	Louise C	(18)
DR W-2	None	Erna W	(21)
DR N-1	None	Marie A	(27)

Other Attendee: Annie W. S-1 Tech Coordinator with Carol G. Delegate.

Meeting opened by Jennie M., who was filling in for Rae L. Area Chair, with a Moment of Silence, and the Serenity Prayer. Carol G. was also co-chairing.

Traditions were read by Laurie T. GR S-2; Concepts of Service and Warranties were read by Nancy N. GR S-2.

# Delegate's Report -

See Attached Report.

Minutes Spring Assembly and Delegate's Assembly – Rita C. Area Secretary

- Correction made to remove Scott H.'s last name and address on page 6 in the Spring Assembly minutes and move Phyllis R. Past Delegate Panel 6 down to Past Delegates Remembered.
- Voting on the minutes this afternoon.

#### Treasurer's Report - Jennie M. Area Treasurer

- Jennie presented the report as of 9/30/24 and said that we are low on group and district contributions.
- Voting on the report this afternoon

# Proposed 2025 Budget and Ample Reserve Discussion – Jennie M. Area Treasurer

- Went over the budget and explained what equalized expense is for the Delegates. Should be \$2,000 instead of \$2,600 so the group and district revenues will be reduced. Total ample reserve could be \$4,950.
- Ads in newspapers.
- Church Bulletins some don't charge community service.
- Magazine called Journey.
- Card Reader for Website/Canva Platform.
- Posters for Groups.
- Al-Anon Verified Instagram Account.
- Direct Mail Flier to mailbox.
- Laptop and Other Equipment.
- Agree on equipment and threshold. GRs could give approval now.
- Template by Area and Districts go ahead and create and spread information.
- Ask Public Outreach and her committee to see what it takes.
- Have a couple of thousand dollars for technology.
- Voting on the budget and ample reserve this afternoon.

## **Proposed Policy Changes – Jennie M.**

- Jennie reviewed the proposed changes and said that the registration fee is for the hosting district and there is also an administrative fee in Motion 1.
- In Motion 5 some tweaking has to be done. One suggestion was that if an existing district is considering splitting into two or more districts or combining into two or more districts, the DR or DRs of the splitting/ combining districts will contact each group and have each vote on whether the members want to split or combine.
- Another suggestion was to just cross out the words into two or more districts, in the second line.
- More work will be done on this motion during lunch.

# Attraction VS Promotion: What Constitutes Advertising – Melissa F. Public Outreach Brainstorming Discussion:

- Concepts 1 and 10 were read.
- Went through the website and the posters that are on it.
- WSO is not going to be designing posters, that is up to the area.
- She showed us a blue poster with the QR code, and mentioning Facebook and Instagram on it.
- Should we have one like it for the Maine Area?
- Not talking about crisis and alcoholism and what do I do?
- Al-Anon name is too small. The word Hope screams at me when I am desperate.
- Scanning society sees everything on the top. Flip, it putting Hope in the middle.
- Making the words bigger and change the color? We cannot change the color; we can't change the brand.
- Connecticut created the pictures in the bottle on the poster.
- The poster is good the way it is now.
- Have another image next to Hope sign and put it next to it.
- Put it on the inside of a door in the bathroom.
- Ask someone's opinion and bring it back to the assembly might be a good test.
- Blue on the bottom pops out to him.
- Come up with another design and put it on the website and ask your friends what they think of it.
- Why don't we hire outside help in marketing?
- Tapping us is the first stage and maybe go outside afterwards.
- Social media ads for Alateen.
- Read page 120 in the Service Manual Paragraph reads Al-Anon is attracting etc. and look at the poster.
- Use five or less words in the visual. Heal a heartbreak.
- No discussion with any teens asking a question instead of a statement.
- You can specify an age range on social media.

#### Lunch

#### **Sponsorship Presentation - Carol G.**

- Read from Page 45 of the Service Manual Differences between Personal and Service Sponsorship.
- Karen and Nancy joined Carol at the Al-Anon Café. They described what a sponsor does, etc. Carol shared about her personal and service sponsorship experiences.
- Others also shared about their sponsorship experiences.

## **Group Records/Web Coordinator Report – Sandy F.**

Total meetings in the Maine Area: 81 (Plus two Beginners Meetings associated with

a group)

In Person: 43 Hybrid: 23 Electronic: 12

Seasonal (In Person part of year/Hybrid or Zoom part of the year): 3

Global Electronic Area: 1 (not on Maine meeting list)

Please check your group information on the maineafg.org Meeting List & make sure it is accurate.

Update Group Representative, CMA (Current Mailing Address) & group Contact information for WSO. This can be done on our Maine website or the Online Change Form at WSO.

WSO will not register a group that does not enter a CMA.

How many have used the Maine Al-Anon website (maineafg.org) to find a meeting? How many have used the map to find a meeting?

How many have gone on the website for other information such as Events, Assembly flyer, to submit a meeting change, check listing of a District meeting or Treasurers page?

Do you find it user-friendly?

How many consider yourself fairly technology savvy?

## Alateen/Archives Report – Lucy T.

#### Alateen -

C-1 Leiha – Alateen Chair - We got a 3rd AMIAS recently! They live in the Newcastle/Damariscotta area, equal distant to the 2 current AMIAS in Bath/Brunswick and Thomaston/Rockland. No Alateen meeting yet. We're talking about our availability to support an Alateen meeting in Newcastle and/or Rockland. Our District Alateen Chair is collaborating with the S2 Alateen Chair on their AMIAS on potential sub list.

C-2 I am waiting to hear back from the Principal from Waterville Jr High if we will be able to start a meeting there.

#### S-2 Erin – Alateen Chair

#### Bonny Eagle High School in Buxton: Thursdays 1-2pm

 This meeting usually has 4-7 attendees. The HS social worker is actively involved in shepherding these teens to the meeting room.  In the past, Bonny Eagle Middle School has had Thursday 11:30-12:30 meeting, but this has been temporarily suspended due to lack of attendance. The MS social worker is currently looking for students who would attend this meeting again, if it were to resume in January.

#### PRCC in Portland: Thursdays 7-8 pm

- This meeting has 2 regular attendees who seem committed to Alateen
- Sporadically, we also get 5-7 attendees from the Step One program
- The incoming District Chair (Erin) will focus outreach efforts on building awareness and attendance for this meeting

S-1 Nancy – Alateen Chair Will be reaching out again to the Biddeford Community Center to try to get the Alateen meeting going again.

I have been working with Annie to set up another AMIAS new certification training. We have set a new date of October 29<sup>th</sup> at 7:00 pm. This will be a Zoom meeting. She believes she has 4-5 members interested in her area. Please contact me if you have anyone interested and they meet the criteria in the Safety and Behavioral Guidelines.

I will be working with Barry to come up with Alateen posters that include a QR code to link them to Alateen.

**Archives -** I am in hopes to start working on scanning our Area minutes with the help of others once we determine where we will save the electronic files to. This will be a winter project.

#### **Convention Highlights – Rachel P.**

- Numbers and Demographics. The 2024 Convention was well attended with 139 people who pre-registered and another 93 people who registered on Saturday morning. In our pre-registration we had 68 people from Maine, 47 from MA. 4 from CT, 2 from FL, 1 from CA, 6 from NH, 3 from NY, 2 from PA, 3 from RI, and 3 from VT. Our facilities chair counted 170 people (11 open seats) mid-day speaker, 18 open seats evening speaker. We had set up 175 chairs in the Auditorium. Factoring in walk-ins, we tallied up 232 participants in all.
- Speakers, Workshop Leaders, and meeting chairs focused on the concept of transformation through following Al-Anon's steps, traditions, and concepts. We were able to secure a Spiritual Speaker from California.
- Income. The committee had a starting balance Spring 2024 of \$7,621. Our earnings totaled \$24,061 including \$240 from Clink Bags and \$1,847 from our Raffle. We had over 50 raffle baskets from around the area. Thanks to all who participated with such great enthusiasm. The convention's total expenses were \$21,751 which left the committee with a balance of \$9,931. The Committee is giving \$4,000 of that balance to the area and the Committee will keep the remaining \$5,931 as prudent reserve. This amount was discussed at our last Committee meeting and agreed upon this will allow us to include speakers outside our immediate area and provide a buffer.
- Job Descriptions and The Al-Anon Guidelines G-20 publication. As the committee considers
  passing the torch to the next committee -we reviewed the guidelines and we created specific
  job descriptions for each of our committee members. These include the following roles:
  Chairperson Duties, Registration Chair, Secretary, Treasurer, Facilities Chair, Raffle Chair and
  Program Chair.

- AA involvement As the guidelines suggest if there is AA participation in an Al-Anon convention it is recommended that an agreement, preferably in writing be created and we have done this. Funding for the AA liaison is provided by AA as it is a budget item.
- Convention dates Aug 8,9 and 10
- Encourage everyone to participate -contact the convention at <a href="mailto:afgmail.com">afgmail.com</a>@gmail.com if you wish to chair a meeting, lead a workshop or be a speaker
- This is a reply to the people who asked about Clynk bags and specific numbers under the bar code - that the numbers indicate the bag tag numbers and can vary. The important thing when using Clynk bags is to make sure that our organization's name is listed above the bar code.

#### Round-Up Highlights - Louise P.

Our first AA Round Up committee meeting is October 27, 2024 6pm via zoom Save the date June 13,14,15 Looking for workshop volunteers

We have books for sale from our literature inventory from AA Round Up that have not been selling.

- 1 Many Voices One Journey (3)
- 2 Intimacy in Alcoholic Relationships (5)
- 3 From Survival to Recovery (2)
- 4 One Day at A Time (7)
- 5 50 Year Anniversary One Day At A Time (1)
- 6 Courage to Change (3)
- 7 Hope for Today (1)

Addendum to report:

We were able to sell all the remaining Al-Anon CAL during the Fall Assembly weekend.

Thank you all for your support.

Roll Call/Voting Procedures	On Zoom
C-1= 3	C-1 = 2
C-2= 3	C-2 = 2
E-1= 5	E-1 = 4
S-1= 8	S-1 = 2
S-2= 7	S-2 = 1
W-2=2	
Total 28 GRs	Total 11 GRs

### Secretary's Report - Rita C.

Motion to approve the minutes from Spring Assembly March 16, 2024 with corrections: 1st Sandy F. Liza S. 2nd Vote Yes 37 – Abstain 2 – Motion Carries.

Motion to approve the minutes from Delegate's Report May 11, 2024 as presented: 1st Janet B. Edna G. 2nd Vote Yes 37 – Abstain 2 – Motion Carries.

## Treasurer's Report - Jennie M.

Motion to approve Treasurer's Report as presented: 1st Eve D. Helen K. 2nd Vote – Yes -Unanimous

Motion to accept 2025 Budget with proposed changes as presented for public outreach: \$250 Canva Tech use add \$1,250 Technology - \$1,000 Direct Mail Order campaign – Action Groups \$400 to \$1,000 (Income for Groups and Districts \$10,285 Total Income \$15,435 and Total Expenses \$15,435.)

1st Eve D. Helen K. 2nd Vote – Yes- Unanimous

### **Motions For Area Policy Changes October 2024:**

- 1. Motion to change the wording from "there will be a \$5 registration fee" to "there will be a registration fee".
  - 1st Joanne O. Jim B. 2nd Vote Yes -Unanimous (1 GR on Zoom left)
- 2. Motion to accept the simplification of the description of the Budget/Finance Committee and the correction to the word 'finance' from 'finances'.

  1st Reen R. Shirley F. 2nd Vote Yes -Unanimous
- 3. Motion to move that we acknowledge that the signatories of the Maine Area checking account are the officers of Maine AFG Inc.
  - 1st Val J. Arin Q. 2nd Vote Yes -Unanimous
- 4. Motion to move that we add the word 'Area' and 'maineafg.org' and 'if applicable' to the policy about the Maine Area website.

  1st Lionel B. Jennifer B. 2nd Vote –Yes Unanimous
- 5. Motion to move that if a district is considering splitting into multiple districts or combining with another district, all the groups in the affected districts must be contacted. Every group in the affected districts must vote on the proposed change, guided by Warranty Three.
  - 1st Jennifer B. Sandy F. 2nd Vote –Yes- Unanimous
- 6. Motion to move that we delete the reference to the Chair's responsibility if a member of Al-Anon who is also a member of Alcoholics Anonymous attends an Assembly as a voting GR.
  - 1st Arne G. Lou B. 2nd Vote -Yes Unanimous
- 7. Motion to move that we acknowledge the vote to make permanent the separation of Roundup/Convention Chair into two separate positions and end the trial.
  - 1st Patty H. Rachael W. 2nd Vote –Yes- Unanimous
- 8. Motion to move that we remove the procedures for the Area Convention committee from Policies and include this information in our Procedures/ Guidelines.
  - 1st Rosa L. Janine R. 2nd Vote -Yes Unanimous

#### **Other Motions Presented:**

Motion was made that we spend \$2,000 on technology equipment, camera, computer, projector, screen and scanner.

1st Ted Q. Eve D. 2nd Motion Failed. (1 GR on Zoom left)

New Motion was made that we approve the expenditure of up to \$2,000 from the 2024 Budget for the purchase of a laptop, scanner and camera.

1st Marnie R. Rachael W. 2nd Motion Failed.

New Motion was made that we approve the expenditure of up to \$2,000 from the excess area funds for the purchase of a laptop, scanner and camera.

1st Nancy N. Laurie T. 2nd Vote Passed – 1 abstain (1 GR on Zoom left)

Motion was made that we set the ample reserve amount for \$5,500 for 2025 1st Jennifer B. Patty H. 2nd Vote Passed (1 GR on Zoom left)

**Motion to elect Karen D. as Literature Coordinator-** 1st Patty H. Julie B. 2nd – Vote Yes – Unanimous.

### Saturday Assembly was closed by Jennie M. with the Al-Anon Declaration

After Dinner we enjoyed watching and taking part in the Second Tradition Skit.

**Sunday - 10/20/24** 

# Meeting opened by Jennie M. with a Moment of Silence, and the Serenity Prayer.

There were 22 members in attendance and 4 on Zoom.

Motion was made to have the Fall Assembly for 2026 and 2027 at Ferry Beach. 1st Liza S. Jennifer B. 2nd Vote – Yes- Unanimous There were 14 GRs in-person and 3 GRs on Zoom.

Melissa F. from S-1 introduced our Spiritual Speaker Lucie T. from W-2.

Assembly was closed by Jennie M. with the Serenity Prayer and the Al-Anon Declaration.

Respectfully Submitted,

Rita Chaykowsky Area Secretary